

An Exploration of Changes in Lipid Composition and Fatty Acid Profile in Rauwolfia Serpentina Growth by Using Biotechnical Techniques

RITESH BHAWSAR

Research Scholar

BIOTECHNOLOGY

Sri Satya Sai University Bhopal M.P.

Dr. Syed Sahab Ahmad

Guide Name

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Abstract

A safe and effective medication for hypertension is rauwolfia serpentine. The plant was used by many doctors throughout India in the 1940s, and then later throughout the world in the 1950s, particularly in the US and Canada. When negative side effects like depression and cancerous growth started to be associated with it, it lost its fame. This author examines the rational literature regarding the use of Rauwolfia and the management of hypertension. The author reviews the pharmacology, science, and organics of the plant and provides a researched and documented plan of action for the active ingredients. The creator examines the clinical uses of the plant, mostly focusing on its adverse side effects, toxicity, and cancer-causing nature. The creator places remarkable emphasis on the plant's role in treating hypertension. In order to reduce the likelihood of melancholy, the designer refutes the theory that the plant has a cancer-causing nature and discusses the importance of proper dosage and patient screening. He concludes by recommending low dose Rauwolfia (LDR) for the right patients who have hypertension. For 14 days, all medications were taken orally. While subjectively MREt showed the presence of alkaloids, starches, flavonoids, glycosides, cardiovascular glycosides, phlobatannins, tars, saponins, steroids, tannins, and triterpenoids, statistically separate was rich in all-out phenols. Alkaloids, saponins, and flavonoids in the root powder are still unidentified.

Keywords: Lipid Composition, Fatty Acid Profile, Rauwolfia Serpentina, Biotechnical Techniques

1. Introduction

Serpentine rauwolfia (Linn.) It has been estimated to contain 50 different alkaloids, which are essentially absent from the root bark. Reserpine, yohimbine, serpentine, deserpidine, ajmalicine, and ajmaline are some of these alkaloids that are used to treat hypertension and bosom disease. Reserpine, a common sedative, was found to have a few times more significant hypertensive action than the raw plant extract. According to estimates, the dry mass of Rauwolfia roots contains 0.7–3.0% of absolute alkaloids, with the amount fluctuating over time and depending on the source of the variety.

The majority of the time, Rauwolfia serpentina roots is acquired through shoot organogenesis, callus morphogenesis, or through an intervening alteration caused by the Agro bacterium rhizogenes. No standard has yet been published for the direct development of R. serpentine roots from leaf explants using development controllers in vitro. The goal of the current review is to promote a method for quickly enlisting R. serpentine roots using the plant's leaf as the initial raw material.

Financially feasible drug treatment plans for diabetes do not totally restore healthy glucose homeostasis and do not come without side effects. Plant-based medicines are actually harmless water solvents. Over 800 plant species have been identified as having significant hypoglycemic effects, and it has been estimated that more than 80% of people use natural treatments for their restorative advantages. Finding new subterranean insect diabetic treatments from ordinary sources like these, nevertheless, is still an intriguing study angle because spices are beneficial molecules with no side effects. Significant hypoglycemic effects are produced by the large amounts of glycosides, alkaloids, terpenoids, flavonoids, carotenoids, and other compounds contained in natural remedies. The disclosure of novel naturally dynamic mixes that may be potential underground insect diabetic medications with minimal or no side effects has made the plant domain a target for international pharmaceutical organisations and research foundations.

A spice having therapeutic qualities Saurian rauwolfia The effectiveness of benth (family: Apocynaceae) in treating hypertension and maniacal conditions including schizophrenia, anxiety, a sleeping disorder, and insanity, among other issues, is extremely compelling. In addition,

dermatitis, eats, and snake bites have all been the subject of substantial research. The fundamental structures of this plant, which serve important organic roles, have made it possible to separate different indoles and related chemicals. The root extract has been shown to be useful in treating breast disease as well as gastrointestinal problems such loose stools, diarrhoea, cholera, etc. The antibacterial and cancer-prevention properties of the leaf concentrate of this plant were investigated in vitro. *R. serpentina's* hypertensive activity has been substantially experimentally studied and documented in comparison to other quickly demonstrated activities including hypoglycemia action. One of the key components, reserpine, is frequently employed as an unique sedative. The restorative effects of *Rauwolfia* on diabetic patients, diabetic hypertensive patients, and sedated felines, however, were only extremely fleeting. A preliminary study on the hypoglycemic and hypolipidemic effects of *R. serpentina's* methanolic root concentrate in alloxan-induced diabetic mice was published in 2009.

2. Materials and Methods

2.1. Plant Components

The underlying foundations of the *Rauwolfia serpentina* were acquired from Hamdard Dawakhana in Saddar, Karachi, and were authorised by the division's master of organic science at the College of Karachi, Karachi, Pakistan (75270). In our area of expertise, the voucher example is still available (KU/BCH/SAQ/02).

2.2. Methanolic Root Extract Preparation (MREt)

40 grammas of the ground-up *R. serpentine* foundations were immediately extracted with 1 L (95%) of methanol, which was then three times separated using Whatman no. 1 channel paper. The filtrate was then dried using a rotating vacuum evaporator (Eylea-18), resulting in an accumulation with an earthy hue that represented methanolic root removal.

2.3. Analyses of phytochemicals

2.3.1. MREt's Qualitative Phytochemical Analysis

The MREt of *R. serpentina* was tested using established procedures for the presence of several phytoconstituents, including alkaloids, flavonoids, etc.

(1) Analyses for alkaloids

- i. The Hager Test. Hager's reagent and MREt (1 mL) were walked through in the test cylinder, and the arrangement of yellow accelerate that followed showed the presence of alkaloids.
- ii. The Wagner Test. A few drops of the Wagner's reagent were added after hydrochloric acid was used to acidify MREt (1 mL). Alkaloids were recognised by an earthy or yellowish tint.

(2) Borutrager's Test for Anthraquinones —

Concentrated HCl (0.5 mL), 10% FeCl₃ (1 mL), and MREt (1 mL) were all added. It briefly bubbled in a water shower before becoming separated. Diethyl ether and strong smelling salts were then applied to the filtrate. They had a pink or profound appearance, which suggested the presence of anthraquinones.

(3) Carbohydrate screening tests —

- i. Test of Benedict. The filtrate was concentrated after MREt (2 mg) and refined water (10 mL) were agitated and separated. The block red variety of the encourage was then arranged in this mixture after Benedict's reagent (5 mL) was added, revealing the presence of starches and bubbling for 5 minutes.
- ii. The Fehling Test. Pure water (10 mL) and MREt (2 mg) were shaken together, separated, and the filtrate was then concentrated. Equivalent volumes of Fehling's responses A and B (1 mL) were added to this mixture, and it briefly bubbled. Due to this, the red or block variant immediately developed, indicating the presence of the reducing sugar.

- iii. The Mohlisch Test MREt (2 mg) was mixed with purified water (10 mL), separated, and the filtrate was concentrated to examine a layer beneath the mixture. Then, 2 mL of concentrated sulfuric acid and 2 drops of freshly pre-arranged alcoholic arrangement of -naphthol (20%) were added. Red violet ring provided the impression that showed the existence of carbohydrates, which disappeared upon the expansion of the excessive salt. The detection of glycosides in different samples was also done using a similar assay.

2.3.2. Analysis of the Quantitative Phytochemicals

(1) The identification of alkaloids

The pulverised root powder (5 g) of *R. serpentina* was weighed out and put into a measuring glass (250 mL). This was then mixed with 200 mL of 10% acidic ethanol, covered, and allowed to stand for 4 hours. On a water shower, this was divided, and the concentrate was concentrated to 1/4 of its original volume. Concentrated ammonium hydroxide was added to the concentration drop by drop until the precipitation was finished. The rush was collected, cleansed with weak ammonium hydroxide, and then separated after allowing the entire arrangement to settle. A measured and stove-dried alkaloid has accumulated.

(2) Identifying Flavonoids —

At room temperature, 100 mL of 80% watery methanol was used to repeatedly separate 10 g of powdered root powder from *R. serpentina*. Which man channel paper no. 42 was examined in its entirety (125 mm). The filter was then placed in a pot, allowed to dry out while being wet, and repeatedly weighed until a consistent weight was obtained.

2.4. Monohydrate of Alloxan (Sigma)

Alloxan monohydrate (150 mg/kg) was administered intraperitoneally once to temporarily abstinent mice to cause diabetes. 72 hours after this injection, mice's fasting blood glucose levels were assessed from their tail veins using a glucometer (Optium Xceed, Diabetes Checking system by Abbott). Mice

with blood glucose levels under 190 mg/dL were chosen, divided into groups, and given the appropriate therapies.

3. Results

3.1. Total MREt Yield of R. Serpentine

The yield of MREt of R. serpentine was 5% g/g of dry root powder. By retaining the concentrate in a closed container and keeping it in a refrigerator below 10°C until it was needed, the concentrate's properties were preserved.

3.2. MREt's Phytochemical Profile

A subjective study of MREt revealed the presence of alkaloids, starches, flavonoids, glycosides, cardiovascular glycosides, phlobatannins, pitches, saponins, steroids, tannins, and triterpenoids. Alkaloids, saponins, flavonoids, and absolute phenols quantitative assessments in root powder and MREt were reported to be 8, 86, 30, and 322 mg/gm, respectively (Table 1).

Table: 1. Analysis of the MREt of R. serpentina's phytochemistry.

| Phytoconstituent | Qualitative analysis | Quantitative analysis(mg/gm) |
|--------------------|----------------------|------------------------------|
| Alkaloids | Positive | 8* |
| Anthraquinones | Negative | — |
| Carbohydrates | Positive | — |
| Flavonoids | Positive | 86* |
| Glycosides | Positive | — |
| Cardiac glycosides | Positive | — |
| Phlobatannins | Positive | — |
| Resins | Positive | — |
| Saponins | Positive | 30* |
| Steroids | Positive | — |
| Tanins | Positive | — |
| Triterpenoids | Positive | — |

| | | |
|----------------------|----------|-----|
| Total phenols | Positive | 322 |
|----------------------|----------|-----|

3.3. MREt's impact on body weight

In comparison to control mice, a significant loss in body weight percentage was seen in diabetic and negative controls, respectively, up to In contrast, glibenclamide-treated mice's body weight increased when compared to untreated mice and diabetic mice (P 0.0001). Although all three doses of MREt only marginally (P 0.05 and P 0.01) decreased the body weight of test mice, it was still lower than that seen in diabetic and untreated controls (Table 2).

Table: 2. Effect of *R. serpentina* MREt on mouse body weights.

| Groups | Treatments | Body weight (gm) | | Weight change (%) |
|------------------|-----------------------------|-------------------------|------------------------|-----------------------|
| | | Initial weight at 0 day | Final weight at 14 day | |
| Group I | Distilled water (1 mL/ kg) | 37.34 ± 0.74 | 23.34 ± 0.74 | +20.75 ± 2.58 |
| Group II | Alloxan treated (150 mg/kg) | 38.34 ± 2.5 | 35 ± 2.32 | -22.07 ± 2.56 |
| Group III | 0.05% DMSO (1 mL/kg) | 38.4 ± 0.78 | 35.64 ± 0.52 | -8.34 ± 0.53 |
| Group IV | Glibenclamide (5 mg/kg) | 38.4 ± 0.6 | 23± 0.62 | +7.54± 0.98****a,b |
| Group V | MREt (10 mg/kg) | 20.64 ± 2.23 | 38 ± 2.33 | -4.96± 0.87*a |
| Group VI | MREt (30 mg/kg) | 37.40 ± 2.44 | 35.64± 2.56 | -5.34 ± 2.04*a |
| Group VII | MREt (60 mg/kg) | 36.40 ± 2.4 | 35.64 ± 2.98 | -3.83 ± 3.48****a,**b |

4. Discussion

With the sharp rise in mortality issues, the probability of diabetes becoming one of the top causes of death globally rises gradually. A wealth of logical data suggests that a variety of spices are used as efficient hypoglycemic specialists with a variety of mechanisms of action, which is close to the availability of commercially viable oral insect diabetic medications and insulin infusions for the treatment of both type I and type II diabetes. Today's exciting ethanopharmacology research focuses on a hypoglycemic spice with potent hypolipidemic and hypertensive properties. The

itemized range of Rauwolfia serpentine in the management of diabetic dyslipidemia has not yet been taken into consideration. This review was carried out to distinguish the phytochemical composition of MREt of R. serpentine and its long-term hypoglycemic, hypolipidemic, and weight-gain effects in alloxan-actuated diabetic Wister male mice. The presence of a high concentration of all-encompassing polyphenolic intensities in a similar concentration when compared to other constituents may be the source of the MREt of R. serpentine's acquired significant subterranean insect diabetic and hypolipidemic effects.

5. Conclusion

Utilizing diverse concentrations and combinations of plant growth regulators and culture conditions, it was possible to improve a straightforward convention for the in vitro formation of roots from R. serpentine leaf explants. The method outperforms other methods including shoot organogenesis, callus morphogenesis, and change mediated by Agro bacterium rhizogenes. The process ought to be investigated for better alkaloid production by R. serpentine roots as it looks to be superior to the hairy root culture approach using Agro bacteria. Reserpine, which also has antibacterial action against human pathogenic microbes, is present in significant concentrations in R. serpentine. From this plant, new antibacterial drugs could be produced. The dynamic rule is anticipated to be distinguished from the root bark extract, which may be much more intense, by extensive examination study. Different research projects examined the insect cancer- and diabetes-prevention activities of produced and wild varieties of R. serpentine. It was noted in several studies to use the whole spice for therapeutic purposes until any substance subsidiary was shown to be superior to the whole spice. The improvement of glycemic, antiatherogenic, and cardio protective lists in alloxan-induced diabetic mice leads the current review to assume that MREt of R. serpentine is a feasible insect specialist for diabetes.

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